

# ***Renal Module II***

MBBS Year-4

(total weeks-4)

## **List of Contributors:**

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Reviewed and amended by:

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Table of Themes		
S. No.	Theme	Duration in Weeks
1	Facial swelling	1 week
2	Scanty Urine	2 weeks
3	Loin pain and dysuria	
4	Urinary retention	

### General learning objectives

At the end of this module, students of 4<sup>th</sup> year MBBS will be able to;

1. Describe applied anatomy of Urinary System with video demonstration
2. Discuss briefly physiology of the renal system
3. Revisit/Describe briefly the different Acid-base Disorders and the Mechanism for maintaining Acid-base Balance (Biochemistry)
4. Classify the diseases involving glomeruli, tubules, interstitium, renal blood vessels, Chronic nephron loss, Cystic, urine out flow obstruction, congenital-developmental and neoplastic diseases of renal system
5. Describe the etiology, pathogenesis, clinical manifestations, diagnosis and prognosis of the renal system diseases.
6. Perform various practicals used in laboratory diagnosis of renal diseases.

7. Describe the Pharmacology of drugs used in the treatment of Renal System Diseases
8. Describe ethics of Organ Transplantation
9. Describe prevalence of renal diseases
10. Describe the clinical features of renal diseases.
11. Diagnose & manage Acute & Chronic Kidney Disease, Nephrotic, Nephritic Syndromes, Urinary Tract Infections
12. Management of Urinary Tract Infections, Chronic Kidney Diseases & Renal Transplant patients during Pregnancy
13. Enumerate/Describe various renal diseases primarily effecting pediatrics age group
14. Describe pathogenesis and management of renal stones
15. Describe pathogenesis and management of bladder outlet obstruction (BOO)

<b>Theme I: Facial Swelling</b>				
Subject	Topic	Hours needed	Sn	Learning objectives
Anatomy	Describe applied anatomy of renal system	1	1	Discuss the gross anatomical features (internal and external) of kidney
			2	Describe the structures entering and leaving the hilum of kidney along with their relations

			3	Discuss the lympho-vascular supply of kidney
Physiology	GFR	1	4	Describe glomerular filtration rate (GFR), determinants of GFR and estimation of GFR
	Absorption of water and Solutes		5	Describe briefly the absorption of water and solutes along different parts of nephron
Biochemistry	Acid-base Balance	1	6	Describe briefly the mechanisms for maintaining the Acid-base Balance
	Acid-base Disorders		7	Describe different Acid-base Disorders
Pathology	Basic terms	1	8	Define the terms:  Azotemia, uremia, Nephrotic syndrome, Nephritic syndrome, asymptomatic hematuria, rapidly progressive glomerulonephritis
			9	Acute kidney injury, chronic kidney disease, end-stage renal disease (ESRD),

			10	Renal tubular defects, Nephrosclerosis, UTI,
			11	urolithiasis, Hydronephrosis, Oncocytoma and carcinoma
			12	Describe the pathogenesis of Nephrotic and Nephritic syndrome
	Glomerular Disease	2	13	Describe the pathological responses, pathogenesis and mediators of glomerular injury
			14	Classify Glomerular diseases.
			15	Differentiate between major Primary Glomerular diseases in terms of clinicopathological features and different microscopic findings
			16	Discuss the etiologies, clinicopathological features and morphology of the diseases presenting as Nephritic syndrome and Nephrotic syndrome

			17	Explain the pathogenesis and morphology of minimal change disease
			18	Describe the etiology, pathogenesis, morphology and clinical presentation of focal segmental glomerulosclerosis
			19	Describe the etiology, pathogenesis, morphology and clinical presentation of membranoproliferative glomerulonephritis
			20	Describe the etiology, pathogenesis, morphology and clinical presentation of IgA nephropathy
			21	Describe the pathogenesis, morphology of diabetic and other types of secondary nephropathies
	Acute Tubular Injury (ATI)	1	22	Define Acute Tubular Injury (ATI).
			23	Describe the etiology, clinico-pathological features and morphology of ischemic and toxic ATI.

			24	Compare the pattern of tubular damage in ischemic and toxic injury
	Vascular events		25	Discuss the etiology, pathogenesis, and morphology of Nephrosclerosis, malignant hypertension and Renal Artery stenosis
Medicine	Interpretation of urinalysis	1	26	explain various abnormalities and their interpretation and importance regarding specific diagnoses
			27	Highlight the importance of urine abnormalities in other systemic diseases apart from kidney and urogenital tract abnormalities
	Nephrotic syndrome	1	28	Define Nephrotic Syndrome
			29	Interpret the criteria for diagnosing Nephrotic Syndrome

			30	Recognize symptoms and signs of Nephrotic Syndrome
			31	Identify the complication of nephrotic syndrome
			32	Interpret the important investigations
			33	Discuss the management plan for Nephrotic syndrome
	Nephritic syndrome	1	34	Interpret the criteria for diagnosing Nephritic Syndrome
			35	Identify symptoms and signs of Nephritic Syndrome
			36	Identify important causes
			37	Enumerate important investigations
			38	Discuss the treatment plan
	Electrolytes abnormalities	1	39	Define Hyponatremia
			40	Discuss Types of Hyponatremias
			41	Describe clinical features
			42	Enlist/ interpret the diagnostic lab investigations
	<ul style="list-style-type: none"> <li>• Hyponatremia</li> <li>• Hypernatremia</li> <li>• Hypokalemia</li> <li>• Hyperkalemia</li> </ul>			



			43	Calculate the sodium deficit and free water deficit
			44	Calculate rate of sodium replacement
			45	Discuss complications
			46	Define Hyponatremia
			47	Describe clinical features
			48	Enlist diagnostic lab investigations
			49	Calculate the sodium deficit and free water deficit
			50	Calculate rate of fluid replacement
			51	Describe management plan.
			52	Define Hypokalaemia
			53	Describe clinical features
			54	Interpret diagnostic lab investigations
			55	Discuss complications
			56	Describe/JUSTIFY management plan
			57	Define Hyperkalemia

			58	Describe clinical features
			59	Enlist diagnostic lab investigations
			60	Discuss complications Describe management plan
Pediatrics	Acute post streptococcal glomerulonephritis (ApGN)	1	61	Define AGN and APGN
			62	Describe the pathogenesis of Nephritic syndrome
			63	Know clinical features and differential diagnosis of ApGN
			64	Describe investigations required to reach a diagnosis of ApGN
			65	Effectively describe the treatment requires for patients with ApGN
	Nephrotic syndrome (NS)	1	66	Define nephrotic syndrome
			67	Describe pathophysiology of nephrotic syndrome
			68	Classify NS in to its subtypes

			69	Describe clinical features of NS
			70	Enumerate and describe tests required to reach diagnosis of NS
			71	Outline treatment steps in the management of NS
			72	Know the complications of NS and describe its prognosis.

### Theme II: Scanty Urine

Pathology	Renal function test	1	73	Describe the normal ranges of Blood urea, creatinine and electrolytes
			74	Explain creatinine clearance and other radiological and biochemical renal function tests and their clinical significance
	Acute kidney injury	1	75	Explain the etiology, pathogenesis, morphology and clinical presentation and complications of acute kidney injury

	Chronic Renal Failure	1	76	Explain the etiology, pathogenesis, morphology and clinical presentation and complications of chronic renal failure
	Interstitial and Glomerulonephritis	1	77	Explain the etiology and pathogenesis of interstitial nephritis
			78	Explain the etiology, pathogenesis and morphology of glomerulonephritis
Medicine	Acute Kidney Injury (AKI)	1	79	<ul style="list-style-type: none"> <li>Define AKI</li> </ul>
			80	Enlist/Interpret the criteria for diagnosing AKI
			81	Discuss/ Differentiate prerenal & post renal causes
			82	Identify symptoms and signs of AKI
			83	Identify /Interpret the important complications
			84	Enumerate/DISCUSS important investigations

			85	Construct a management plan for a patient with AKI
Chronic Kidney Disease (CKD)	Kidney	1	86	Define CKD
			87	Enlist criteria for diagnosing CKD
			88	Identify important causes
			89	Identify symptoms and signs of CKD
			90	Identify the important complications
			91	Enumerate important investigations Discuss the treatment plan
Renal Replacement Therapy (RRT)	Renal Replacement Therapy (RRT)	1	92	Define RRT
			93	Enlist the different types of RRT
			94	Identify/Enumerate important indications of dialysis
			95	Identify/Enlist the important complications of dialysis

			96	Discuss the Renal transplant
			97	Enlist and discuss the types of transplant rejection
Forensic medicine	Ethics of Organ Transplantation	1	98	Describe Ethics of Organ Transplantation
			99	Describe current legislation of HOTA (Human Organ Transplant Act)
			100	Identify loop holes in existing system of human organ transplant.
Surgery/Urology	Renal transplant surgery	1	101	Enlist diagnostic indicators of renal transplant
			102	Describe pre-requisite for successful renal transplant
			103	Discuss post renal transplant care of patient
			104	Describe common complications of renal transplant surgery

			10 5	Enlist immunosuppressive drugs used in Renal transplant
Family medicine	Acute renal presentations- primary care management and Red flags	1	106	Explain the etiology, clinical features and presentation of acute renal failure
			107	Describe the steps of management of a patient with anuria and oliguria
			108	Identify patients that need urgent and proper referral for specialist care in primary health with anuria and acute and chronic renal disease
Community medicine	Environmental health: introduction	1	109	Explain the importance of environmental health
			110	Define and classify environmental degradation
	Water pollution	1	111	Define water pollution and describe its importance for health
			112	Describe the different types of water pollution as simple

				biodegradable, complex biodegradable and complex non- degradable
	Water quality management	4	113	Explain the importance and daily requirements of water
			114	Describe the qualities and criteria of different sources of water including surface water, ground well, shallow well, deep well.
			115	Classify different methods of purification of water
			116	Describe natural methods of purification of water
			117	Describe physical methods
			118	Describe chemical methods
			119	Describe filtration methods both small scale and large scale



			120	Describe purification of water in special circumstances
			121	Enumerate different water quality parameters
			122	Describe physical parameters
			123	Describe different chemical parameters and its interpretation
			124	Explain the permissible limits of chemical parameters

### Theme III: Loin pain and Dysuria

Pathology	Pyelonephritis	1	125	Discuss the etiology, clinico-pathological presentation, morphology and complications of Acute Pyelonephritis,
			126	Discuss the etiology, clinico-pathological presentation, morphology and complications of, chronic pyelonephritis
			127	Discuss the etiology, clinico-pathological presentation, morphology and complications of drug induced nephritis

	Cystic Diseases of the Kidney	1	128	Classify the cystic diseases of Kidney
			129	Describe the inheritance, Pathological features, Complications and prognosis of polycystic diseases of Kidneys.
			130	Differentiate between the inheritance, pathological features, typical outcomes and clinical features of Adult and Childhood Polycystic Kidney Diseases
			131	Differentiate between the inheritance, pathological features, typical outcomes and clinical features of Childhood Polycystic Kidney Diseases
	Urolithiasis	1	132	Enlist the types of Renal stones
			133	Discuss the etiology and pathogenesis of Renal stones
			134	Co-relate the occurrence of renal stones with different metabolic diseases
			135	Differentiate between the different renal stones on the basis of frequency, predisposing factors, urine PH and morphology.

	Neoplasms of the Kidneys	1	136	Classify the benign and malignant tumors of the Kidney.	
	Renal cell carcinoma		137	Discuss the etiology, morphology and prognosis of Renal cell carcinoma	
	Wilm's Tumor		138	Discuss the genetics, clinico-pathological features, morphology and prognosis of Wilm's tumor	
	Diagnosis and management of renal tumors		139	Describe the various investigations to diagnose renal tumors (albumin/creatinine ratio, urine for micro albumin)	
			140	Discuss management of renal tumors	
	Congenital anomalies of bladder		1	141	Describe the congenital anomalies of bladder and urethra
	Acute Cystitis		142	Discuss the etiology, morphology clinico-pathological features and complications of Acute	
Chronic Cystitis	143	Discuss the etiology, morphology clinico-pathological features and complications of Chronic Cystitis.			

Pharmacology	Urinary Tract Infection (UTI)	1	144	Describe the clinical pharmacology of drugs used in the management of acute and chronic UTI (Co-trimoxazole, Nitrofurantoin, Cephalosporins, Amoxicillin-clavulanic acid, etc)
Community Medicine	HIV/AIDS, Syphilis	1	145	Describe HIV/AIDS in light of Risk groups, pathology, Diagnosis, treatment and Prevention
			146	Describe Syphilis in terms of causative agent, incubation period, transmission, manifestation, diagnosis treatment and prevention.
	147		Describe Chlamydia in terms of etiology, transmission, symptoms, treatment and prevention.	
	148		Describe Genital warts in terms of causes, transmission, symptoms, treatment and prevention.	
	149		Describe Gonorrhoea in terms of causes, transmission, symptoms, treatment and prevention.	
	Human Papiloma virus,		150	Describe Human Papiloma Virus (HPV) in terms of causes, types, transmission, symptoms, screening and prevention.

Medicine	Autosomal Dominant Polycystic Kidney Disease (ADPKD)	1	151	Define ADPKD
			152	Enlist/Interpret the criteria for diagnosing ADPKD
			153	Identify/interpret the genetic causes
			154	Identify/ symptoms and signs of ADPKD
			155	Identify/Interpret the important complications
			156	Enumerate& interpret important investigations
			157	Construct a management plan
	Urinary Tract Infections (UTIs)	1	158	Define UTIs
			159	Enlist the criteria for diagnosing UTIs
			160	Identify/Differentiate the complicated and uncomplicated UTIs
			161	Identify symptoms and signs of UTIs
			162	Identify the important complications
			163	Enumerate/discuss/ interpret/ important investigations
			164	Construct a management plan for a patient with UTI

Radiology	Urological Investigation	1	165	Uses of plain X-ray KUB (Kidney, ureter, bladder)
			166	Role of CT in Urology
			167	<u>NUCLEAR SCANS</u>
			168	DTPA Scan, DMSA Scan, MAG 3 Scan
		169	Investigation of renal system during pregnancy	
Surgery/Urology	Kidney Stones	1	170	Enlist factors predisposing to specific stone types
			171	Discuss evaluation of stone formers
			172	Discuss clinical features and Diagnosis of renal stone
			173	Describe renal stone treatment options
	Renal trauma	1	174	Describe Initial resuscitation of renal trauma patient
			175	Classify mechanism and grading of renal trauma
			176	Discuss clinical and radiological assessment of renal trauma.
			177	Discuss management plan of renal trauma
Pelvic Ureteric junction obstruction in adult (PUJO)		178	Define PUJ obstruction	

			179	ENLIST etiology (congenital and acquired causes)
			180	Describe clinical presentation of PUJO
			181	Interpret Investigations (renal ultrasound, IVU (Intravenous urography), MAG-3 renography, retrograde pyelography)
			182	JUSTIFY Management PLAN options (Endopyelotomy, Pyeloplasty)
	Anomalies of renal fusion and ascent	1	183	Describe various anomalies of renal tracts like Horseshoe kidney, Ectopic kidney, Renal agenesis, Malrotated kidney, Urinary tract duplication
	Renal Cell Carcinoma (RCC)		184	Describe clinical presentation and investigation of RCC
		185	Enlist Treatment of localized RCC	
		186	construct Management of metastatic RCC	
Obs & Gynae	Asymptomatic bacteriuria	1	187	Define asymptomatic bacteriuria
			188	Describe the effects of asymptomatic bacteriuria on pregnancy

			189	Management plan of asymptomatic bacteriuria
	Acute symptomatic urinary tract infections		190	Define Acute Cystitis
			191	Describe effects of asymptomatic bacteriuria
			192	Plan management of Acute Cystitis in pregnancy
			193	Describe the effects of acute Pyelonephritis on pregnancy.
			194	Plan Management of acute Pyelonephritis
Pediatics	Urinary tract infection (UTI)	1	195	Describe the types of UTI
			196	Discuss prevention and management of UTI in children
<b>Theme IV: Urinary retention</b>				
Anatomy	Describe applied anatomy of ureters, urinary bladder, prostate and urethra	1	197	Describe gross structure of kidney, ureter, bladder and urethra
			198	Describe the microscopic structure of prostate
			199	Discuss the microscopic structure of urethra
Pathology	Obstructive Uropathy	1	200	Discuss the obstruction in urogenital tract at different levels.



			201	Discuss the effects of obstruction on function and morphology of kidney.
			202	Describe clinico-pathological features and morphology of Hydronephrosis
	Tumors of urinary bladder	1	203	Classify tumors of urinary bladder.
	BPH		204	Discuss the etiology, pathogenesis, morphology, staging and prognosis of urothelial (Transitional Cell) Tumors
			205	Describe pathophysiology of Benign prostatic hypertrophy and risk factors
	Carcinoma prostate		206	Describe pathogenesis, risk factors and staging
Pharmacology	Drugs for benign prostatic hyperplasia	1	207	Classify the drugs used in the management of BPH
			208	Enlist the alpha-adrenergic blocking drugs with special reference to those having specific affinity for prostate muscle
			209	Describe the role of alpha blockers, 5-alpha reductase inhibitors (Finasteride) and combination therapy in BPH

			210	Enlist the adverse effects of the drugs used to treat BPH
	Carcinoma of prostate		211	Enlist the hormonal agents used in the management of Prostatic carcinoma.
			212	Describe the mechanism of action of Gonadotropin-releasing hormone (Goserelin) and anti-androgens (Cyproterone acetate and Flutamide) in the management of Prostatic carcinoma
			213	Enlist the anticancer chemotherapeutic agents used in the management of Prostatic carcinoma
Community medicine	Air Pollution & air quality management	2	214	Define air pollution
			215	Enumerate criteria pollutants
			216	Describe the sources and limits of air pollutants
			217	Describe the adverse effects of air pollutants on health
			218	Explain the measures for control of air pollution
			219	Describe the global adverse effects of air pollution- ozone depletion, greenhouse effect, smog, acid rain

	Noise pollution, radiation pollution and its control	1	220	Define noise pollution
			221	Explain adverse effects of noise pollution on health
			222	Describe factors effecting hearing loss
			223	Enumerate acceptable noise standards
			224	Discuss the measures for prevention of adverse effects of noise
			225	Classify different types of radiations to which humans are exposed
			226	Describe the adverse effects and preventive measure of different type of nonionizing radiations
			227	Describe the adverse effects and preventive measure of ionizing radiations
	Waste management	2	228	Explain the importance of waste management in health
			229	Describe management of waste [organic of human and animal origin] as per water carriage system
			230	Describe the management of waste [organic of human and animal origin] as per conservancy system
			231	Describe management of solid waste [refuse]

	Hospital waste management	1	232	Define hospital waste management
			233	Explain the importance of hospital waste management in health
			234	Classify hospital waste
			235	Know the impacts of improper hospital waste management on health
			236	Describe the methods to minimize hospital waste
			237	Describe the methods of treatment of hospital waste
			238	Explain the waste management trends in developing countries
	Disasters and health	2	239	Define disaster management
			240	Describe classification of disasters
			241	Describe the mortality & morbidity due to disaster itself & mismanagement of disaster relief activities
			242	Describe pre-disaster management
			243	Describe post disaster management in immediate, intermediate and long term stages
			244	Discuss management and preventive measures from previous disasters

			245	Describe the history of disasters in Pakistan
Surgery/Urology	carcinoma of urinary bladder	1	246	Discuss clinical Presentation of bladder cancer
			247	Describe diagnosis and clinical staging of bladder cancer
			248	Construct management Plan of bladder cancer
	Enlarged Prostate	1	249	Define IPSS (International prostate symptoms scoring) for enlarged prostate
			250	Describe watchful waiting for enlarged prostate
			251	Enlist medical management of BPH
			252	Minimal invasive management of BPH
			253	Invasive surgical surgeries
			254	TURP (transurethral resection of prostate)
			255	Open prostatectomy
	Carcinoma prostate		256	Describe clinical presentation and management
	Urinary Incontinence	1	257	Define urinary incontinence
			258	Classify& discuss

			259	Urinary incontinence
			260	Nocturnal enuresis
			261	Enlist causes and pathophysiology
			262	Describe evaluation of incontinence
			263	Enumerate Investigation of incontinence
			264	Describe conservative treatment options surgical options
	Urethral strictures	1	265	Describe etiology, Presentation, investigation and management of urethral stricture
	Posterior urethral valve		266	Discuss clinical presentation and management of Posterior urethral valves (PUV)

## Practical work

Pathology	Urine collection methods, physical examination of urine specimen	1.5	267	Demonstrate the procedure of urine collection, physical examination volume, color, appearance, pH of specimen.
	Microscopic examination of centrifuge specimen		268	Perform the physical examination of urine and prepare report of an

				abnormal urine with pyuria and hematuria  Interpret the results.
	Chemical examination of non-centrifuged urine specimen	1.5	269	Demonstrate substances for chemical examination and the different procedures of detection of protein in urine.
			270	Demonstrate the Principle of protein detection by heat method in urine
			271	Perform the heat and acetic acid test and the test for Bence Jones protein.  Interpret the results
			272	Demonstrate the tests for detection of reducing substances in urine and the principle of Benedict's test
			273	Perform the Benedict's test.  Interpret the results
			274	Demonstrate the substances seen in urine under microscope i.e. cells (Pus cells, RBCs, Epithelial cells and other different cells), Crystals, castes etc
			275	Prepare the sediment for urine examination
			276	Detect various substances in a slide prepared from sediment

				under the microscope Interpret the results
	Urine staining, and culture	1.5	277	Demonstrate the Staining methods and their principles for urine specimens of acute and chronic UTI
			278	Identify the uropathogens shown in the slide
			279	Demonstrate sterilized methods for collections of specimens for culture and sensitivity.
			280	Perform a practical for culture and sensitivity by disc diffusion method for any uropathogen.
Pharmacology	Prescriptions for acute and chronic UTI	1.5	281	Formulate prescriptions for acute and chronic UTI
Community medicine	Incinerator / waste disposal models	1.5	282	Identify the model
			283	Explain the steps of waste disposal
	Water sources	1.5	284	Identify the model related sources of water
	Sand filters		285	Identify the model
			286	Identify its different layers and mechanism of purification
			287	Calculate the dose of bleaching powder required for disinfection of water in a domestic tank
			288	Assess the quality of water sample on the basis of physical parameters



				(color, turbidity, suspended particles, temperature and Ph.)
			289	Interpret the bacteriological quality of water on the basis of presumptive coliform test

#### HOURS ALLOCATION FOR DIFFERENT SUBJECTS

S. No	Subject	Hours needed
1	Pathology	20
2	Pharmacology	4
3	Forensic medicine	1
4	Community medicine	20
5	Medicine	9
6	Family medicine	1
7	Surgery/urology	11
8	Anatomy	2
9	Physiology	1
10	Biochemistry	1
11	Pediatrics	3
12	Gynaecology	1
13	Radiology	1
14	Research *	8**
	<b>Total</b>	<b>75</b>

\* two hours per week for research project in the whole academic session

\*\*these hours are neither included in total hours nor in assessment as separate marks have been allotted to research in viva