



NOTE BOOK FOR HISTORY TAKING AND PATIENT'S RECORD



**Department of Medical Education
Khyber Medical College Peshawar**

History

S. No _____,

Unit: _____,

Date: _____

Biodata

Patient name:**Age:****Gender:****Address:****Marital status:****Religion:****Presenting complaints:**

- 1)
- 2)
- 3)

History of present illness:

- 1) Elaboration of symptoms

2) Systemic inquiry of symptoms

Past history:

Personal history:

Family history:

Socioeconomic history:

Menstrual / obstetric history:

Drug history / allergy / immunization / blood transfusions:

General Physical Examination

Appearance: position:

Pulse: B.P: Temp: Resp. rate:

Dehydration status:

Palor: Koilonychia: Jaundice: Bruises:

Cyanosis: Lymph nodes: Pedal edema:

Others:

Systemic Examination

GIT:

Oral cavity:

Abdomen:

- 1) Inspection

- 2) Palpation

- 3) Percussion

- 4) Auscultation

- 5) Hernia orifices

- 6) DRE

- 7) Others

Respiratory system:**Nose:****Pharynx:****Trachea:****Chest:**

- 1) Inspection

- 2) Palpation

- 3) Percussion

- 4) Auscultation

- 5) Others

CVS:

- A) Precordium:
 - Inspection

 - Palpation

- Auscultation

- Others

B) Arteries

C) Veins

Nervous system:

Higher mental functions

- 1) Level of consciousness
- 2) Speech
- 3) Memory
- 4) Cognition

Cranial nerves:

- 1) 1st:
- 2) 2nd:
- 3) 3rd, 4th and 6th:
- 4) 5th:

5) 7th:

6) 8th:

7) 9th and 10th:

8) 11th:

9) 12th:

Upper limbs:

1) Inspection

2) Tone, power and movements

3) Reflexes

4) Cerebellar signs

5) Sensations

6) Cervical spine

7) Special tests

Lower limbs:

- 1) Inspection
- 2) Tone, power and movements
- 3) Reflexes
- 4) Cerebellar signs
- 5) Sensations
- 6) Spine
- 7) Gate
- 8) Romberg sign
- 9) Check for proximal myopathy

Musculoskeletal examination:

Individual joints examination:

- 1) Look
- 2) Feel
- 3) Move
- 4) Measure
- 5) Others

Local / Gynecologic-Obstetric / Pediatric / Psychiatric examination:

Provisional / differential diagnosis

Investigations

Final diagnosis

Treatment

Follow ups

Reflection by student (learning points)

Summary of the patient record

What were your thinking and feeling?

what were your learning points?

What you should avoid in future?

Any other point